

APPETIZERS & LITTLE PLATES

HUMMUS

The classic chickpea & sesame dip from the Middle East

Regular Pita - 185 Wheat - 195 Pocket - 225

MOUTABAL

A smoked eggplant and tahini dip

Regular Pita - 185 Wheat - 195 Pocket - 225

TZATZIKI

Creamy combination of cucumber, yoghurt, & garlic

Regular Pita - 185 Wheat - 195 Pocket - 225

FALAFEL

Crunchy chickpea croquettes, you won't miss the meat!

Regular Pita - 185 Wheat - 195 Pocket - 225

MARINATED OLIVES

Kalamata and other olives in extra virgin olive oil & herbs

Regular Pita - 185 Wheat - 195 Pocket - 225

KOFTA

Savoury ground beef and lamb grilled meatballs

Regular Pita - 185 Wheat - 195 Pocket - 225

TABBOULEH

Nutty cracked wheat (bulgur), tomatoes, and parsley

Regular Pita - 185 Wheat - 195 Pocket - 225

LABNEH

Strained yoghurt with a cheese-like consistency. The Lebanese version of cream cheese.

Regular Pita - 185 Wheat - 195 Pocket - 225

FOULE

An Egyptian staple of cooked & mashed fava beans served with olive oil, onion, garlic, and lemon juice

Regular Pita - 185 Wheat - 195 Pocket - 225

EGGPLANT SALAD

One of the most widespread appetizers across the Mediterranean

Regular Pita - 185 Wheat - 195 Pocket - 225

7-LAYER DIP 375

The flavours of hummus, sun-dried tomatoes, grilled red bell pepper, chopped olives, egg, and feta cheese blend so wonderfully together in this. Served with pita crisps.



SAMPLER PLATE OF 3

Regular Pita - 385 Wheat - 395 Pocket - 420

SAMPLER PLATE OF 4

Regular Pita - 430 Wheat - 440 Pocket - 465

SAMPLER PLATE OF 5

Regular Pita - 485 Wheat - 495 Pocket - 515

SOUPS & SALADS

SHEPHERD'S SALAD

A classic Turkish salad of tomatoes, bell peppers, cucumbers & lemon-garlic dressing

Regular Pita - 165 Wheat - 175 Pocket - 195

GREEN BEANS PROVENÇAL

A tasty, fresh healthy salad of string beans with lemon-garlic dressing

Regular Pita - 165 Wheat - 175 Pocket - 195

GREEK SALAD 395

Country salad of juicy tomatoes, crisp cucumbers, sliced onion green bell peppers, crumbled feta cheese, and plump Kalamata

SOUPE AU PISTOU 305

A hearty vegetable soup with beans, zucchini, tomatoes, herbs, and pasta topped with basil pesto & parmesan cheese

LENTIL SOUP

A warming, healthy soup bursting with flavour

Cup - 215 Bowl - 365

ROASTED VEGETABLE SOUP

Grilled eggplant, tomatoes, and chickpeas puréed into a smooth hearty soup.

Cup - 220 Bowl - 385

WILD MUSHROOM SOUP 385

Fresh portabello, shiitake button mushrooms, with mascarpone. You can kiss mushroom soup in the can good-bye!

